FOURHOURPLANT

ENCOUNTER   **EXPLORE**   **EMPOWER**   **ESTABLISH**

planting
INTERVARSITY

FOURHOURPLANT

ASSUME GOD IS MOVING

CORE SCRIPTURE:
ACTS 16:6-15

CORE PRACTICE:
PRAYER
WALKING

ENCOUNTER

NEVER STOP EXPLORING

CORE SCRIPTURE:
LUKE 10:1-12

CORE PRACTICE:
NETWORK
MAPPING

EXPLORE

RELEASE, DON'T RECRUIT

CORE SCRIPTURE:
MARK 3:13-19

CORE PRACTICE:
DISCIPLESHIP
CYCLES

EMPOWER

DISCERN THE DESIGN

CORE SCRIPTURE:
ACTS 2:46-47

CORE PRACTICE:
STUDENT-LED
MINISTRY DESIGN

ESTABLISH

FOR MORE RESOURCES VISIT:
WWW.STARTSOMETHINGNEW.ORG/FOURHOURPLANT

FOURHOURPLANT

4 HOURS X 4 WEEKS PLANTING TITHE PLAN

WEEK 1

ENCOUNTER & EXPLORE

✦ **KEY GOAL : Connect with at least one potential Person of Peace**

- 1 Hour - Scour Existing Networks for Contacts ad Referrals
  D-Cycle on Luke 10.1-12

- 1 Hour - Invite a student or supporter to come on campus visit with you
  D-Cycle on Mark 6.30-44

- 2 Hours - Prayer Walk and Treasure Hunt on Campus for Persons of Peace
  D-Cycle on Acts 16.6-15

WEEK 2

ENCOUNTER, EXPLORE & EMPOWER

✦ **KEY GOAL : Facilitate Divine Encounter with Person of Peace for vision & calling**

- 2 Hours - Meet with Persons of Peace to Pray, Network Map, and Cultivate Vision
  D-Cycle on John 1.35-50

- 2 Hours - Pray and Explore on Campus for Persons of Peace, ideally with potential Persons of Peace
  D-Cycle on Matthew 9.35-38

WEEK 3

ENCOUNTER, EXPLORE & EMPOWER

✦ **KEY GOAL : Empower a Person of Peace to Explore Networks and the Campus in Outreach**

- 1 Hour - Pray and Explore on Campus for Persons of Peace, ideally with an emerging Person of Peace
  D-Cycle on Acts 17.16-34

- 2 Hours - Host Proxe Station with Person of Peace
  D-Cycle on Mark 4.1-25

- 1 Hour - Debrief and Follow-Up Contacts with Person of Peace
  D-Cycle on Acts 18.1-11

WEEK 4

ENCOUNTER, EXPLORE, EMPOWER, AND ESTABLISH

✦ **KEY GOAL : Host first communal gathering**

- 1 Hour - Pray/Explore on Campus for Persons of Peace, ideally with Person of Peace
  D-Cycle on Acts 17.16-34

- 1 Hour - Meet w/ new Persons of Peace to Cast Vision, Pray and Network Map
  D-Cycle on John 4

- 2 Hours - Coach and Help Person of Peace in hosting first Public Gathering
  D-Cycle on John 2.1-12

Central Region Catalytic Planting

FOURHOURPLANT
ONE DAY ON CAMPUS

ENCOUNTER *"Assume God is Moving"*
9:00 - 10:00 Pray on campus and encounter God's presence afresh
Find a place to pray on campus, create a space to encounter God. Build an "altar to the Lord", a place of consistent encounter, and intercede for the campus!

- Read Acts 18:1-11. Pray for the people that God HAS on this campus who are his people.
- Read Luke 10:1-12. Pray for Jesus to send laborers out into the harvest fields of this campus. Pray for people of peace to welcome you!
- Read Matthew 9:35-38. Pray for eyes to see the harassed, helpless, and shepherdess sheep on this campus. Pray for eyes to recognize the abundant harvest!

EXPLORE *"Never Stop Exploring"*
10:00 - 11:00 Student meeting 1: An initial conversation to cast vision with a potential person of peace
Get coffee with a student you've met in the last week. Hear about their spiritual background, their involvement on campus, and their hopes for their college experience. Lead them in a discipleship cycle through Matthew 9:35-38 highlighting the way that Jesus looks at the crowds and sees two things: sheep without a shepherd and an abundant harvest. Ask where they see students living as sheep without a shepherd on their campus. Where is harassment and spiritual helplessness prevalent? Ask where they see the potential for abundant harvest. Where is something beautiful breaking out? Cast vision for what their part could be in shepherding students and in ushering in spiritual harvest. Invite them to join you as a laborer in the harvest field of the campus and to spend the next couple hours having spiritual conversations with you at a proxe station.

11:00 - 1:00 Proxe: Exploring for people of peace
Run the Red Cup or Story Proxe for two hours. You are exploring. This is not random spiritual activity. You are looking for something specific: people of peace! There are students placed on this campus by the Lord of the Harvest to join him as laborers. Some don't know Jesus yet but they are spiritually hungry. Some have a calling and a burden for the lost growing inside of them already, but they don't know what to do with that calling. You are having spiritual conversations with dozens of students today. Keep your spiritual eyes open to see if God is leading you to one of HIS people of peace. Get contact info for anyone you can and set up appointments right there with any potential person of peace you meet.

EMPOWER *"Release, Don't Recruit"*
1:00 - 2:00 Student meeting 2: Identify their network and cast specific vision for planting
Meet with a person of peace who has said yes to stepping out as a laborer on campus in the Lord's harvest fields. Lead them in a discipleship cycle on John 4:4-42. Recognize how Jesus used this one woman to usher in harvest in her entire village. Draw a network map of the "village" that they are connected to on campus. Who are people in their network who could be co-laborers with them? What would it look like to Jesus do something new among those people? To see harvest break out? Challenge them to take a risk over the next week and to set up meetings with potential co-laborers. Challenge them to do with those students what you have done with them. Challenge them to cast vision with their friends for starting a Bible study together.

ESTABLISH *"Discern the Design"*
7:00 Bible Study: A discerned structure for ongoing encounter, network exploration, and student empowerment
You are discerning with students which structures and rhythms to establish that will be most effective in resourcing leaders and reaching their different networks. Help one of the missional students start and lead a Bible study. This serves several purposes. It's a place to facilitate encounter with God. It's also a place to continue exploring networks looking for more people of peace. And it's a great environment to empower leaders. On this night, help students encounter God. Lead a Bible study on John 2:1-11 looking at how Jesus compassionately cares for people who have run out of resources, has power for the miraculous, and displays his glory to the servants and his followers. Lead a time of prayer for students who have "run out of wine". Challenge students to step out in faith like the servants to seek God for the miraculous on campus. Keep your spiritual eyes open for people of peace throughout the Bible study. Use this night to empower the missional student you're working with. Prep with them beforehand so they know what you plan to do and why. Give them space to lead through prayer and through sharing their story with the group. Model great Bible teaching for them. Most students will not have seen it before. Finally, debrief the night with them afterwards.

FOURHOURPLANT
ESTABLISHING COMMUNAL RHYTHMS

STRUCTURE DISTINCTIVES:

CENTRALIZED

- Accessible to Broad Audience
- Gathering place for "loose" connections
- Space for Corporate Worship/Encounter
- Enough Critical Mass for Energy/Vitality
- Ability to cultivate broader Organizational ID

CATALYTIC

- Unique Intensity/Focus to build momentum
- Marker for significant communal thresholds
- Cross-pollinating with other chapters/groups
- Vision building
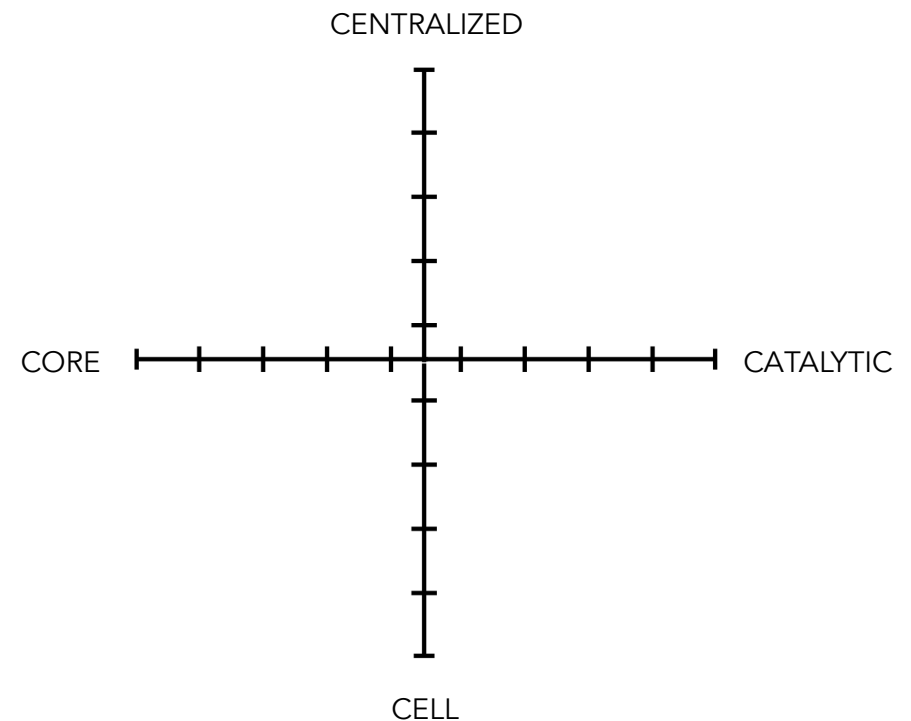- Intentionally Irregular

CELL

- Missional Extension into specific communities
- Measured on-ramp for leadership empowerment
- Ability to cultivate vulnerability in small groups
- Mobility/Flexibility for multiplication

CORE

- Leadership Development
- Skills Training
- Depth of discipleship (hear the word and debrief especially)
- Collective Ownership
- Builds Commitment to the vision

ASSESSMENT GRID

Assess the state of your chapter's structures by plotting them on these four axes where 0 = Non-Existent and 5= Abundantly Fruitful) to create an overall structural "shape" of your chapter, then analyze what you notice.

CENTRALIZED

CORE — CATALYTIC

CELL

Central Region Catalytic Planting

FOUR HOUR PLANT

SEVEN TACTICAL QUESTIONS FOR EMPOWERING STUDENTS TO ESTABLISHING FRUITFUL COMMUNAL RHYTHMS

1. AUDIENCE — Which people/groups do we want this communal rhythm (CR) to serve?

2. PURPOSE — What do we want to see happen because of this CR?

3. TIMING — What's the ideal date, frequency, and timeframe for this CR given our audience?

4. LOCATION — Where could we host this CR to best serve our audience/purpose?

5. PIVOTS — How will this CR pivot from/to other chapter CRs?

6. COMPONENTS — What resources (i.e., tech, logistics, supplies, etc.) do we need for this CR?

7. PARTNERS — Who else might you invite to partner with you to lead this CR?